



Family Training Programme For Alcohol Misuse

Alcohol problems within families cause misery for children and other family members. Heavy drinking by parents is linked with conflicts, disputes and domestic violence which have a damaging effect on children.

Alcohol Concern, in association with **Wendy Robinson Consultancy**, is offering a national programme of training to equip practitioners with the skills to work effectively with children and families affected by parental alcohol misuse.

FOUR ONE-DAY COURSES DESIGNED TO SUPPORT PROFESSIONALS

Training A:

Working with families to increase engagement and motivation

- Working effectively with families' sense of hopelessness.
- Addressing lack of trust in the professional system.
- Working with lack of clarity about goals, objectives and timescales.
- Increasing motivation and formulating realistic care-plans.

Training B:

Building resilience:

Working with children affected by parental alcohol problems.

- Working with children's fear, shame and overall adversity.
- Building resilience to help overcome trauma.
- Helping children survive and thrive despite difficult circumstances.
- Developing a time-limited intervention based on resilience building.

Training C:

Protective parenting:

A realistic approach for problem drinking parents

- Working with problem drinking parents towards making sustainable changes.
- Holistically working with dependency and parenting.
- Facilitating parents realistically to achieve safety and well-being for their children.

Training D:

Alcohol, parenting and risk assessment:

Collaborative approaches to safeguarding children

- Exploring concepts of safe parenting and risk.
- Understanding child protection concerns and statutory safeguarding processes.
- Utilising risk assessment tools and developing collaborative approaches for multi-agency working.

Training	Venue	Dates
A	London - Alcohol Concern Birmingham - Aquarius Sunderland - NERAF	28 Nov 2007 4 Dec 2007 14 Nov 2007
B	London - Alcohol Concern Birmingham - Aquarius Sunderland - NERAF	21 Feb 2008 6 Feb 2008 19 Feb 2008
C	London - Alcohol Concern Birmingham - Aquarius Sunderland - NERAF	27 May 2008 14 May 2008 22 May 2008
D	London - Alcohol Concern Birmingham - Aquarius Sunderland - NERAF	18 Sep 2008 16 Sep 2008 24 Sep 2008

ABOUT THE TRAINING

This training will take the form of a 'Masterclass'. The overall aim of the training will be to increase the effectiveness of work with children and families not only within the alcohol field, but also childcare, social work and family support. It will also be an opportunity for skill sharing and relationship building across professional networks.

DANOS Units Supported: AB4, AB7, AB8, AB9, AB10.

The programme will consist of four tailor-made training days that stand alone as well as being complementary to each other to form a comprehensive training module. Each day will be for a maximum of **20 participants**, and an Alcohol Concern Certificate of Attendance will be provided for all.

ABOUT THE TRAINER

Wendy Robinson is an independent consultant, trainer and clinical supervisor specialising in children, families and substance misuse. She is a qualified counsellor and play therapist, and has worked in frontline services within the alcohol and drug field for 12 years. She has been involved in the design, development and operation of a number of specialist services.

BOOKING DETAILS

Courses cost: £75 per day, or £260 for all 4 days (excl. VAT)

For full booking details and to reserve a place please contact:

training@alcoholconcern.org.uk

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